

BELIEF CHART from *Search for Significance* Robert E. McGee, Rapha Publishing, © 1995 (pp. 122-123)

False Beliefs	Consequences of False Beliefs	God's Specific Solution	Results of God's Solution
<i>I must meet certain standard to feel good about myself.</i>	The fear of failure, perfectionism; being driven to succeed; manipulating others to achieve success; withdrawing from healthy risks.	<i>Because of justification. I am completely forgiven and fully pleasing to God. I no longer have to fear failure.</i>	Increasing freedom from the fear of failure; Desire to pursue the right things: Christ and His kingdom: love for Christ.
<i>I must be approved by certain others to feel good about myself.</i>	The fear of rejection; attempting to please others at any cost; being overly sensitive to criticism; withdrawing from others to avoid disapproval	<i>Because of reconciliation, I am totally accepted by God. I no longer have to fear rejection.</i>	Increasing freedom from the fear of rejection; willingness to be open and vulnerable; able to relax around others; willingness to take criticism; desire to please God no matter what others think
<i>Those who fail (including myself) are unworthy of love and deserve to be punished</i>	The fear of punishment; propensity to punish others; blaming self and others for personal failure; withdrawing from God and fellow believers; being driven to avoid punishment	<i>Because of propitiation I am deeply loved by God. I no longer have to fear punishment or punish others.</i>	Increasing freedom from the fear of punishment; patience and kindness toward others; being quick to apply forgiveness; deep love for Christ
<i>I am what I am. I can not change. I am hopeless</i>	Feelings of shame, hopelessness, inferiority; passivity; loss of creativity; isolation; withdrawing from others.	<i>Because of regeneration, I have been made brand-new, complete in Christ. I no longer need to experience the pain of shame.</i>	Christ-centered self-confidence; joy, courage, peace; desire to know Christ.